§483.430

- (i) Staff of the facility must not use physical, verbal, sexual or psychological abuse or punishment.
- (ii) Staff must not punish a client by withholding food or hydration that contributes to a nutritionally adequate diet.
- (iii) The facility must prohibit the employment of individuals with a conviction or prior employment history of child or client abuse, neglect or mistreatment.
- (2) The facility must ensure that all allegations of mistreatment, neglect or abuse, as well as injuries of unknown source, are reported immediately to the administrator or to other officials in accordance with State law through established procedures.
- (3) The facility must have evidence that all alleged violations are thoroughly investigated and must prevent further potential abuse while the investigation is in progress.
- (4) The results of all investigations must be reported to the administrator or designated representative or to other officials in accordance with State law within five working days of the incident and, if the alleged violation is verified, appropriate corrective action must be taken.

§ 483.430 Condition of participation: Facility staffing.

- (a) Standard: Qualified mental retardation professional. Each client's active treatment program must be integrated, coordinated and monitored by a qualified mental retardation professional who—
- (1) Has at least one year of experience working directly with persons with mental retardation or other developmental disabilities; and
 - (2) Is one of the following:
- (i) A doctor of medicine or osteopathy.
 - (ii) A registered nurse.
- (iii) An individual who holds at least a bachelor's degree in a professional category specified in paragraph (b)(5) of this section.
- (b) Standard: Professional program services. (1) Each client must receive the professional program services needed to implement the active treatment program defined by each client's individual program plan. Professional pro-

- gram staff must work directly with clients and with paraprofessional, non-professional and other professional program staff who work with clients.
- (2) The facility must have available enough qualified professional staff to carry out and monitor the various professional interventions in accordance with the stated goals and objectives of every individual program plan.
- (3) Professional program staff must participate as members of the interdisciplinary team in relevant aspects of the active treatment process.
- (4) Professional program staff must participate in on-going staff development and training in both formal and informal settings with other professional, paraprofessional, and nonprofessional staff members.
- (5) Professional program staff must be licensed, certified, or registered, as applicable, to provide professional services by the State in which he or she practices. Those professional program staff who do not fall under the jurisdiction of State licensure, certification, or registration requirements, specified in § 483.410(b), must meet the following qualifications:
- (i) To be designated as an occupational therapist, an individual must be eligible for certification as an occupational therapist by the American Occupational Therapy Association or another comparable body.
- (ii) To be designated as an occupational therapy assistant, an individual must be eligible for certification as a certified occupational therapy assistant by the American Occupational Therapy Association or another comparable body.
- (iii) To be designated as a physical therapist, an individual must be eligible for certification as a physical therapist by the American Physical Therapy Association or another comparable body.
- (iv) To be designated as a physical therapy assistant, an individual must be eligible for registration by the American Physical Therapy Association or be a graduate of a two year college-level program approved by the American Physical Therapy Association or another comparable body.
- (v) To be designated as a psychologist, an individual must have at least a

master's degree in psychology from an accredited school.

- (vi) To be designated as a social worker, an individual must—
- (A) Hold a graduate degree from a school of social work accredited or approved by the Council on Social Work Education or another comparable body; or
- (B) Hold a Bachelor of Social Work degree from a college or university accredited or approved by the Council on Social Work Education or another comparable body.
- (vii) To be designated as a speechlanguage pathologist or audiologist, an individual must—
- (A) Be eligible for a Certificate of Clinical Competence in Speech-Language Pathology or Audiology granted by the American Speech-Language-Hearing Association or another comparable body; or
- (B) Meet the educational requirements for certification and be in the process of accumulating the supervised experience required for certification.
- (viii) To be designated as a professional recreation staff member, an individual must have a bachelor's degree in recreation or in a specialty area such as art, dance, music or physical education.
- (ix) To be designated as a professional dietitian, an individual must be eligible for registration by the American Dietetics Association.
- (x) To be designated as a human services professional an individual must have at least a bachelor's degree in a human services field (including, but not limited to: sociology, special education, rehabilitation counseling, and psychology).
- (xi) If the client's individual program plan is being successfully implemented by facility staff, professional program staff meeting the qualifications of paragraph (b)(5) (i) through (x) of this section are not required—
- (A) Except for qualified mental retardation professionals;
- (B) Except for the requirements of paragraph (b)(2) of this section concerning the facility's provision of enough qualified professional program staff; and

- (C) Unless otherwise specified by State licensure and certification requirements.
- (c) Standard: Facility staffing. (1) The facility must not depend upon clients or volunteers to perform direct care services for the facility.
- (2) There must be responsible direct care staff on duty and awake on a 24-hour basis, when clients are present, to take prompt, appropriate action in case of injury, illness, fire or other emergency, in each defined residential living unit housing—
- (i) Clients for whom a physician has ordered a medical care plan;
- (ii) Clients who are aggressive, assaultive or security risks;
- (iii) More than 16 clients; or
- (iv) Fewer than 16 clients within a multi-unit building.
- (3) There must be a responsible direct care staff person on duty on a 24 hour basis (when clients are present) to respond to injuries and symptoms of illness, and to handle emergencies, in each defined residential living unit housing—
- (i) Clients for whom a physician has not ordered a medical care plan;
- (ii) Clients who are not aggressive, assaultive or security risks; and
 - (iii) Sixteen or fewer clients,
- (4) The facility must provide sufficient support staff so that direct care staff are not required to perform support services to the extent that these duties interfere with the exercise of their primary direct client care duties.
- (d) Standard: Direct care (residential living unit) staff. (1) The facility must provide sufficient direct care staff to manage and supervise clients in accordance with their individual program plans.
- (2) Direct care staff are defined as the present on-duty staff calculated over all shifts in a 24-hour period for each defined residential living unit.
- (3) Direct care staff must be provided by the facility in the following minimum ratios of direct care staff to clients:
- (i) For each defined residential living unit serving children under the age of 12, severely and profoundly retarded clients, clients with severe physical disabilities, or clients who are aggressive, assaultive, or security risks, or

§483.440

who manifest severely hyperactive or psychotic-like behavior, the staff to client ratio is 1 to 3.2.

- (ii) For each defined residential living unit serving moderately retarded clients, the staff to client ratio is 1 to 4
- (iii) For each defined residential living unit serving clients who function within the range of mild retardation, the staff to client ratio is 1 to 6.4.
- (4) When there are no clients present in the living unit, a responsible staff member must be available by telephone.
- (e) Standard: Staff training program.
 (1) The facility must provide each employee with initial and continuing training that enables the employee to perform his or her duties effectively, efficiently, and competently.
- (2) For employees who work with clients, training must focus on skills and competencies directed toward clients' developmental, behavioral, and health needs.
- (3) Staff must be able to demonstrate the skills and techniques necessary to administer interventions to manage the inappropriate behavior of clients.
- (4) Staff must be able to demonstrate the skills and techniques necessary to implement the individual program plans for each client for whom they are responsible.

§ 483.440 Condition of participation: Active treatment services.

- (a) Standard: Active treatment. (1) Each client must receive a continuous active treatment program, which includes aggressive, consistent implementation of a program of specialized and generic training, treatment, health services and related services described in this subpart, that is directed toward—
- (i) The acquisition of the behaviors necessary for the client to function with as much self determination and independence as possible; and
- (ii) The prevention or deceleration of regression or loss of current optimal functional status.
- (2) Active treatment does not include services to maintain generally independent clients who are able to function with little supervision or in the

absence of a continuous active treatment program.

- (b) Standard: Admissions, transfers, and discharge. (1) Clients who are admitted by the facility must be in need of and receiving active treatment services.
- (2) Admission decisions must be based on a preliminary evaluation of the client that is conducted or updated by the facility or by outside sources.
- (3) A preliminary evaluation must contain background information as well as currently valid assessments of functional developmental, behavioral, social, health and nutritional status to determine if the facility can provide for the client's needs and if the client is likely to benefit from placement in the facility.
- (4) If a client is to be either transferred or discharged, the facility must—
- (i) Have documentation in the client's record that the client was transferred or discharged for good cause; and
- (ii) Provide a reasonable time to prepare the client and his or her parents or guardian for the transfer or discharge (except in emergencies).
- (5) At the time of the discharge, the facility must—
- (i) Develop a final summary of the client's developmental, behavioral, social, health and nutritional status and, with the consent of the client, parents (if the client is a minor) or legal guardian, provide a copy to authorized persons and agencies; and
- (ii) Provide a post-discharge plan of care that will assist the client to adjust to the new living environment.
- (c) Standard: Individual program plan.
 (1) Each client must have an individual program plan developed by an interdisciplinary team that represents the professions, disciplines or service areas that are relevant to—
- (i) Identifying the client's needs, as described by the comprehensive functional assessments required in paragraph (c)(3) of this section; and
- (ii) Designing programs that meet the client's needs.
- (2) Appropriate facility staff must participate in interdisciplinary team meetings. Participation by other agencies serving the client is encouraged. Participation by the client, his or her